

PELIFIT ICE HOCKEY TRAININGS

DUMFRIES – SCOTLAND, UNITED KINGDOM

19th - 20th of February 2025



- Location:** Dumfries Ice Bowl, King St., DG2 9AN, Scotland, United Kingdom
- Dates:** 19th – 20th of February 2025 Age Group 2008 – 2013
- Total cost:** £220 or £120 per single day
- Program:** 4 x On Ice training, 2 x Off Ice training, more info at website
- Focus:** Powerskating, Puck control with skating, Specialized Off Ice training



COACH

Pelikovský “PELI” Valdemar

- Strength and Conditioning Specialist - 10years
- Powerskating & Skills Coach - 6years
- Former Professional Player - 14years
- Off Ice Elite Players Trainer

CONTACT, INFO and REGISTRATION

www.pelifit.com, IG: valdypeli29, +447588528920 (WhatsApp), valdypeli@yahoo.com

Payments via link or debit/credit cards. Fully insured, DBS checked to work with children.